

HOME SCIENCE
SYALLABUS-2020-2021

CLASS -XII

UNIT TEST- (MARKS -50)

UNIT -I : WORK ,LIVELIHOOD AND CARRER

- ❑ INTRODUCTION OF WORK ,CARRER AND LIVELIHOOD
- ❑ TRADITIONAL OCCUPATION IN INDIA
- ❑ WORK,AGE AND GENDER

UNIT -II : NUTRITION,FOOD SCIENCE AND TECHNOLOGY

CHAPTER : CLINICAL NUTRITION AND DIETETICS

- ❑ INTRODUCTION OF NUTRITION AND CLINICAL
- ❑ SIGNIFICANCE
- ❑ BASIC CONCEPTS
- ❑ DIET THERAPY
- ❑ TYPE OF DIETS
- ❑ FEEDING ROUTES
- ❑ PREVENTION OF CHRONIC DISEASE
- ❑ PREPARING FOR CARRER
- ❑ SCOPE

PRACTICAL : NOT INCLUDED IN UNIT TEST -I